

## Lake Washington Sailing Club Mid-Winter Series Sailing Instructions

1. Rules: Races will be governed by the 2021-2024 Racing Rules of Sailing and as modified by these Sailing Instructions.
2. Rule 44.1 - The Two-Turns Penalty is modified to a One-Turn Penalty (1 tack and 1 gybe).
  - 2.1. PFDs: All participants are required to wear a personal floatation device while on the water.
  - 2.2. Bowline/Painter: Every participating boat must have an attached bowline for the purpose of towing.
  - 2.3. Decision to sail: Each participant is responsible to sail in a safe manner and to make the decision as to whether the conditions are safe to compete.
3. Entries: All participants must have submitted their entry form and payment prior to starting any races.
4. Classes and Divisions:
  - 4.1. One Design Classes: One-design classes having 3 or more entries will be scored separately as a class.
5. Skippers' Meeting: No skippers meeting will be held. Direct your questions to the fleet captain or a race committee member. Changes to the Sailing Instructions (SI) will be announced prior to racing. SI and course sheet can be found and printed at [www.lwsailing.org](http://www.lwsailing.org) / Community / Documents.
6. First Warning: The first warning will be *around* 1 pm. No warning signal will be made after 4:00pm.
7. Postponements/Signaling: Postponement and first warning announcement will be communicated verbally by race committee.
8. Marks: The marks used for each day may vary. Consult race committee for clarification.
9. Start/Finish Line: The Start/ Finish line will be between a regular mark and a flag on the committee boat. *Just like Thursday nights, the start/finish line is not restricted.*
10. Starting Sequence: After announcing course to sail, race committee will raise a hand and vocally count down from 5. When they lower their hand at 0, the 3 minute sequence will start for that race. As an option, race committee may use horns, whistles, flags or sound system unit (Ollie box).
11. Class Flags: No class flags will be used.
12. Mark rounding: All marks will be rounded to port.
13. Courses: Course to be sailed will be announced prior to starting. *The race committee may use number pennants or verbally announce the course to sail. For midwinter racing there are only four courses:*
  1. *One windward/leeward lap – start, windward, leeward, finish.*
  2. *Two windward/leeward laps – start, windward, leeward, windward, leeward, finish.*
  3. *Triangle – start, windward, reaching mark, leeward, finish.*

4. *Olympic (triangle-sausage) – start, windward, reaching, leeward, windward, leeward, finish.*

14. Recalls: Each sailor is responsible for knowing if they are OCS and properly restarting if necessary. Race committee will attempt to hail sailor(s) over early.

15. Finishing Time Limit: Each boat must finish within 15 minutes of the first finisher to avoid being scored DNF.

16. Abandonment: The race committee will verbally announce abandonment.

17. Number of Races: Up to 5 races will be sailed each day.

20. Scoring: The RRS Appendix A low point scoring will be used. There will be 1 throw-out for every 5-race day. Entrants will be scored DNS for any races they did not start. A boat that did not start, did not sail the course, did not finish, retired or was disqualified shall be scored points for the finishing place two more than the number of boats that participated that day. This is a modification of rules A5.1, A5.2, and A5.3.

21. **Protests**: Protests are encouraged. Class rules will be relaxed to promote club level racing and to encourage new sailors to learn to race.

Protests will be handled using the following steps:

- Inform the RC at the finish line signal boat of their intention to file a protest and identify the boat(s) they intend to protest.
- Protest forms will be available in the clubhouse.
- As soon as possible but no later than Sunday 12:00 PM complete the protest form and email it to [lwsail.sailingofficer@gmail.com](mailto:lwsail.sailingofficer@gmail.com). If you are unable to scan then take a cell phone picture and email it.
- All parties will be notified of a date and time of a hearing (which may be held via Zoom) to be held at a time convenient for all parties & judges during the week following the regatta.

22. Trophies: Daily Trophies are awarded at the conclusion of each day's racing. Series Trophies will be awarded at the end of the series. **Special "IronPerson" Awards will be conferred upon racers who participate in all four fleets at least three race days.**