

Lake Washington Sailing Club

Sailing Instructions for 2016 One Design Sailing Series

1.0 Rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The Racing rules will be modified as follows:
 - Rule 44.1 - The Two-Turns Penalty is modified to a One-Turn Penalty (1 tack and 1 gybe).
 - Rule 35A4 - A boat starting later than 3 minutes after her starting signal will be scored DNS.
 - Rule 35 - Boats failing to finish within 20 minutes after the first boat in their class sails the course and finishes will be scored DNF.
- 1.3 Safety: Every boat must have a 15' painter or a towline as governed by their class rules.
- 1.4 Sail Numbers: Sailboats without sail numbers will not be scored. Boats must use the same sail number throughout the series.

2.0 Registration must be completed by the Skipper's Meeting.

3.0 Notices to Competitors: Notices to competitors will be posted on the official notice board located next to the Women's Restroom.

- 3.1 Changes to Sailing Instructions will be posted no later than fifteen minutes after the skippers meeting on the day of the race.

4.0 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the clubhouse race deck.
- 4.2 If a Postponement is signaled ashore, the warning signal will be made not less than 20 minutes after flag AP is lowered.
- 4.3 Lifejackets are mandatory and must be worn at all times while on the water.

5.0 Schedule of Races and Class Flags

Date	Skippers Meeting	First Warning	Final Race
April 2	1:10 PM	2:00 PM	5:30 PM
May 21	2:10 PM	3:00 PM	6:30 PM
June 25	2:10 PM	3:00 PM	6:30 PM
August 27	2:10 PM	3:00 PM	6:30 PM
September 24	2:10 PM	3:00 PM	6:30 PM

- 5.1 Number of Races: Up to 5 races will be sailed each race day.
- 5.2 First Warning: The first warning, per the schedule outlined above in 5.0, is one minute after the AP flag is lowered when on the water.
- 5.3 Class Flags: The class flag for each class may be a letter pennant. Class flags will be posted on the official notice board immediately after the skippers meeting on the day of the race.
- 6.0 **Racing Area:** The racing area will be the turning basin and shipping channel for the Port of West Sacramento.
- 7.0 **Courses and Marks:** A course sheet will be provided to each competitor at the registration table in clubhouse. A number pennant displayed on the RC boat will signal the course to sail.
 - 7.1 The start/finish line will be a red ball and an orange flag on the committee boat.
 - 7.2 The start/finish line is restricted except when starting or finishing.
 - 7.3 Marks: Depending on which course sheet is provided on the day of the race, there will be either 3 or 4 primary marks, corresponding to Windward Channel mark (W C), Windward (W), Reach (R), and Leeward (L) each being a yellow ball. If an offset mark is identified on the course sheet, it will be a small inflatable red ball. All marks to be rounded to port.
- 8.0 **Start:** Races will be started using Rule 26 with the warning signal given 3 minutes before the starting signal. There will be a minimum one-minute delay between starts.
 - 8.1 Boats whose warning signal has not been hoisted shall avoid the starting area.
- 9.0 **Time Limits:** If no class finishes within 45 minutes of their start, the race could be abandoned.
- 10.0 **Protests and Request for Redress** forms will be available in the clubhouse and must be delivered to the PRO within 30 minutes after the Race Committee boat returns to the dock. The RC will sound a horn upon returning to the dock. A protest hearing will be scheduled upon receipt of the protest form.
- 11.0 **Scoring:**
 - 11.1 The Low Point Scoring, RRS A4 will be used. There will be 1 throw out for each day of racing if 4 or more races are sailed.
 - 11.2 Designated One-Design classes will be scored separately as a class for the series.
 - 11.3 Open Class: Boats not designated as racing in a One-Design fleet will be scored using the current Portsmouth Handicap rating for the series.

