

# Lake Washington Sailing Club

## **Sailing Instructions for 2016 One Design Sailing Series and 2016 Northern California District Thistle Championships (5/21/16)**

### **1.0 Rules**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The Racing rules will be modified as follows:
  - Rule 44.1 - The Two-Turns Penalty is modified to a One-Turn Penalty (1 tack and 1 gybe).
  - Rule 35A4 - A boat starting later than 3 minutes after her starting signal will be scored DNS.
  - Rule 35 - Boats failing to finish within 20 minutes after the first boat in their class sails the course and finishes will be scored DNF.
- 1.3 Safety: Every boat must have a 15' painter or a towline as governed by their class rules.
- 1.4 Sail Numbers: Sailboats without sail numbers will not be scored. Boats must use the same sail number throughout the series.

### **2.0 Registration** must be completed by the Skipper's Meeting.

### **3.0 Notices to Competitors:** Notices to competitors will be posted on the official notice board located next to the Women's Restroom.

- 3.1 Changes to Sailing Instructions will be posted no later than fifteen minutes after the skippers meeting on the day of the race.

### **4.0 Signals Made Ashore**

- 4.1 Signals made ashore will be displayed from the clubhouse race deck.
- 4.2 If a Postponement is signaled ashore, the warning signal will be made not less than 20 minutes after flag AP is lowered.
- 4.3 Lifejackets are mandatory and must be worn at all times while on the water.

### **5.0 Schedule of Races and Class Flags**

Date	Skippers Meeting	First Warning	Final Race
April 2	1:10 PM	2:00 PM	5:30 PM
May 21	2:10 PM	3:00 PM	6:30 PM
June 25	2:10 PM	3:00 PM	6:30 PM
August 27	2:10 PM	3:00 PM	6:30 PM
September 24	2:10 PM	3:00 PM	6:30 PM

- 5.1 Number of Races: Up to 5 races will be sailed each race day.
- 5.2 First Warning: The first warning, per the schedule outlined above in 5.0, is one minute after the AP flag is lowered when on the water.
- 5.3 Class Flags: The class flag for each class may be a letter pennant. Class flags will be posted on the official notice board immediately after the skippers meeting on the day of the race.
- 6.0 Racing Area:** The racing area will be the turning basin and shipping channel for the Port of West Sacramento.
- 7.0 Courses and Marks:** A course sheet will be provided to each competitor at the registration table in clubhouse. A number pennant displayed on the RC boat will signal the course to sail.
  - 7.1 The start/finish line will be a red ball and an orange flag on the committee boat.
  - 7.2 The start/finish line is restricted except when starting or finishing.
  - 7.3 Marks: Depending on which course sheet is provided on the day of the race, there will be either 3 or 4 primary marks, corresponding to Windward Channel mark (W C), Windward (W), Reach (R), and Leeward (L) each being a yellow ball. If an offset mark is identified on the course sheet, it will be a small inflatable red ball. All marks to be rounded to port.
- 8.0 Start:** Races will be started using Rule 26 with the warning signal given 3 minutes before the starting signal. There will be a minimum one-minute delay between starts.
  - 8.1 Boats whose warning signal has not been hoisted shall avoid the starting area.
- 9.0 Time Limits:** If no class finishes within 45 minutes of their start, the race could be abandoned.
- 10.0 Protests and Request for Redress** forms will be available in the clubhouse and must be delivered to the PRO within 30 minutes after the Race Committee boat returns to the dock. The RC will sound a horn upon returning to the dock. A protest hearing will be scheduled upon receipt of the protest form.
- 11.0 Scoring:**
  - 11.1 The Low Point Scoring, RRS A4 will be used. There will be 1 throw out for each day of racing if 4 or more races are sailed.
  - 11.2 Designated One-Design classes will be scored separately as a class for the series.
  - 11.3 Open Class: Boats not designated as racing in a One-Design fleet will be scored using the current Portsmouth Handicap rating for the series.

