# <u>Lake Washington Sailing Club</u> **Sailing Instructions for 2023 One Design Championship Series**

#### 1.0 Rules

- 1.1 The series will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024.
- 1.2 The Racing rules will be modified as follows:
  - Rule 35 A boat starting later than 3-minutes after her starting signal will be scored DNS. Rule 35 Boats failing to finish within 15-minutes after the first boat in their class sails the

course and finishes will be scored DNF.

- 44.1 The Two-Turns Penalty is modified to a One-Turn Penalty (one tack and one gybe).
- 1.3 Safety: Every boat must have a 15-foot painter or a towline as governed by their class rules.
- 1.4 Sail Numbers: Sailboats without sail numbers may not be scored.

#### 2.0 Registration:

- 2.1 To register go to the calendar page of the club website at www.lwsc.org and click on the date you plan to race. There will be no in-person registration at the club.
- 2.2 Registration must be completed 10 minutes prior to the Skippers Meeting.
- 2.3 Cancellation Notice: If there is a change of weather, you will be notified by email if registered and the cancelation will be noted in the LWSC calendar no later than the Friday at 6 PM before the event.

## 3.0 Skippers Meeting and Notices to Competitors:

- 3.1 Skippers meeting will be held by the picnic benches at 2:00pm.
- 3.2 Notices to competitors will be posted on the official notice board next to the Women's Restroom.
- 3.3 Changes to Sailing Instructions will be posted no later than 15-minutes after the Skippers Meeting on the day of the race.

## 4.0 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the clubhouse race deck.
- 4.2 If a Postponement is signaled ashore, the warning signal will be made not less than 20 minutes after flag AP is lowered.
- 4.3 The first warning is 1-minute after the AP flag is lowered when on the water.
- 4.4 Lifejackets are mandatory and must be worn at all times while on the water.

#### 5.0 Start and Times:

- 5.1 The first warning is at 3:00pm.
- 5.2 Final Race: No races will start after 6:00pm.
- 5.3 The Start line will be between an orange flag on the RC boat and a red ball to its starboard. The Finish line will be between a blue flag on the RC boat and a red ball to its port.
- 5.4 Races will be started using Appendix U3 with the warning signal given 3 minutes beforethe starting signal. There will be a minimum 1-minute delay between starts.
- 5.5 Boats whose warning signal has not been sounded shall avoid the starting area.
- **Class Flags:** The class flag for each class may be a letter pennant or class flag. Class flags will be posted on the official notice board immediately after the Skippers Meeting on the day of the race. More than one class may be started at the same time.
- **7.0** The Start and Finish Lines: The Start/Finish lines are restricted except when starting or finishing. Violators will be scoredDNF without a hearing.

## 8.0 Courses and Marks:

- 8.1 A course sheet will be provided to each competitor at the registration table in clubhouse. A number pennant displayed on the RC boat will signal the course to sail.
- 8.2 The racing area will be the turning basin and shipping channel for the Port of Wasacramento.
- 8.3 All marks to be rounded to port. The course sheet will show 4 primary marks, eachbeing a yellow-colored mark, corresponding to Windward Channel (WC), Windward (W), Reach (R), and Leeward (L) marks.
- 9.0 **Number of Races:** Up to 5 races will be sailed each race day.
- 10.0 **Time Limits:** If no class finishes within 45 minutes of their start, the race could be abandoned.
- 11.0 Protests and Request for Redress:
- **11.1 Protest** forms will be available in the clubhouse and must be delivered to the PRO within 30-minutes after the RC boat returns to the dock. The RC will sound a horn upon returning to the dock.
- 11.2 A protest hearing will be scheduled upon receipt ofteprotest form.

## 12.0 Scoring

- 12.1 The Low Point Scoring, RRS A4 will be used. There will be 1 throw-out each day of racing if 5 or more races are sailed.
- 12.2 Designated One-Design classes will be scored separately as a class forthe series.
- 12.3 Open Class: Boats not designated as racing in a One-Design fleet willbe scored using the current Portsmouth Handicap rating for the series.
- 13.0 Daily winners announced after the last race. Series winners awarded at the LWSC Annual Meeting. To be eligible for the One Design Perpetual Trophies, a fleet must field at least two competitors on two regatta days.